

Backbiting

During *Mairaj* the Prophet (pbuh) saw some people scratching their flesh with nails of iron. They were those people who used to backbite.

Identify and tick the situations that are considered backbiting	Tick
Something that you wouldn't dare to say in front of that person	
Creating awareness amongst public about something bad that is openly seen or done	
'Thank God I don't wear sleeveless and low necklines like her! I've learnt to cover myself up'	
'Poor girl! Somebody tell her she's going to burst out of her clothes now if she doesn't do something about her weight'	
Complaining to your teacher about the bully in your class	
Saying something bad about someone which is not true	
'Kareena Kapoor is so artificial. I just hate her acting and that pout of hers!'	
'My mom is such a pain, she doesn't let me go out with friends at night'	
If a daughter is having problems with her in-laws and she speaks about it with her mother for advise	
'I don't backbite although I do listen to my friends when they backbite'	

Not now, not ever...

I will refrain from backbiting by:

1. Minding my own business.
2. Speaking less.
3. Not passing remarks on others.
4. Lightening my grudge against someone by complaining **only** to Allah.
5. Not listening to somebody else who is backbiting.

Backbiting is like eating the flesh of your dead brother

Great minds discuss ideas
Average minds discuss events
Small minds discuss people