


Friends Checkup

CIRCLE YOUR CHOICE	No Way! Heck Yes!				
1. I have at least one or more true friends.	1	2	3	4	5
2. I make an effort to get to know new people and make new friends.	1	2	3	4	5
3. The friends I hang out with are a positive influence on me.	1	2	3	4	5
4. I am inclusive of others and don't belong to an exclusive clique.	1	2	3	4	5
5. I don't judge other people before I get to know them.	1	2	3	4	5
6. I am loyal to my friends and don't talk behind their back.	1	2	3	4	5
7. I am quick to forgive my friends when they make mistakes.	1	2	3	4	5
8. I am a good listener and don't dominate discussions.	1	2	3	4	5
9. I am kind to everyone, not just to people I like.	1	2	3	4	5
10. I am able to resist peer pressure and be myself.	1	2	3	4	5
TOTAL					

Add up your score to see where you stand.

45-50 ----- you're on the high road. Keep it up!

40-44 ----- you need to move to higher grounds!

10-39 ----- you're on the low road .Don't doze off in this class!