Parents Checkup

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| --- | --- | --- | --- | --- | --- |
| CIRCLE YOUR CHOICE | No Heck  Way! Yes! | | | | |
| 1. I honestly love my parents. | 1 | 2 | 3 | 4 | 5 |
| 2. I have a very sound relationship with them. | 1 | 2 | 3 | 4 | 5 |
| 3. They trust me. | 1 | 2 | 3 | 4 | 5 |
| 4. I **show** them respect. | 1 | 2 | 3 | 4 | 5 |
| 5. We quickly make up after any conflict. | 1 | 2 | 3 | 4 | 5 |
| 6. We communicate all the time on issues. | 1 | 2 | 3 | 4 | 5 |
| 7. My parents know everything about me. | 1 | 2 | 3 | 4 | 5 |
| 8. I know a lot about them. | 1 | 2 | 3 | 4 | 5 |
| 9. I frequently help them without being asked. | 1 | 2 | 3 | 4 | 5 |
| 10. I claim to have a good relationship with them  and they agree with me too. | 1 | 2 | 3 | 4 | 5 |
| TOTAL |  | | | | |

Add up your score to see where you stand.

49-50…… keep it up!

47-48….. You need to make more effort!

10-46…. pay special attention to this class!